

CANON POPHAM CofE PRIMARY ACADEMY

Church Balk, Edenthorpe, Doncaster. DN3 2PP

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E-mail: enquiries@cpa.dsat.education

Headteacher: Mrs A. Navas Chair of Governors: Mr C. Mitchell



Friday 19th March

Dear Parents and Carers

Managing symptoms.

Once again, many thanks for your continued support with getting children back into school and being ready to learn. Also many thanks to those parents and carers who have worked with us this week regarding the guidance on additional symptoms and testing. As always, we continue to keep our practice under review and should the guidance from public health or the Local Authority change regarding additional symptoms and procedures we will update this with you.

Currently, where children have been tested, the results seem to be coming back within 24 hours and many children are back in school the next day. This is a positive way of helping us all to stay safe and well.

Just to reassure parents, we have currently 1 single positive case of COVID, which has resulted in the appropriate measures being taken to close the bubble and over the full 12 months of this pandemic, we have had just 4 pupil cases **in total.** We continue to follow very careful hygiene and safety routines.

Healthy Eating Packed Lunches

We have lots of children in school eating a healthy and balanced nutritious lunch, provided through the school meals service or from their home provided packed lunch. It's great to see them enjoying their lunchtime meals.

As a school we are trying to promote healthy eating and lifestyles and we would like to ask that parents and carers bear this in mind when preparing packed lunches.

We have noticed that some packed lunches may not be providing the long term, slow release energy foods that enable children to maintain their energy levels and concentration through the afternoons. Therefore, please can we ask that packed lunches contain appropriately nutritious foods and that 'treat' items are kept to a minimum?

Should you wish to provide your child with a 'pudding' as part of their packed lunch this could be items such as yogurt, a piece of fruit, a packet of raisins or a single small chocolate biscuit type treat. However, we would politely ask that multiple chocolate items, sugary foods and sweets are not included.

In assembly we have focused with the children on making healthy food choices, as part of our PSHE programme and it would be really helpful to get your support from home in ensuring that packed lunches are healthy too.

The end of term celebration

Next Friday is the last day of the spring term. We would like to remind you that this will be a non-uniform day in school and we will be having a celebration of all the hard work of the



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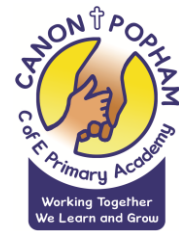
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term, as well as recognising the fact that a number of children have had a 'lockdown birthday' this term. The funding for this has been secured from a grant by the PTA and we hope that everyone will enjoy it. For those children who will be at home due to their bubble closure on this date, parents and carers will still be able to collect their treats, so that they don't miss out on this.

Thank you for your continued support
Mrs Navas



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